



Aligned Youth Work Methods Courses	
Voice & Choice (V-C, V-D, III-N) Planning & Reflection (IV-P, IV-R)	
Building Community (III-L) Cooperative Learning (III-M)	
Active Learning (II-H) Ask-Listen-Encourage (II-J)	Scaffolding for Success (II-I) Reframing Conflict (II-K)
Structure and Clear Limits	
Program Component: Homework Help	

These 2- to 3-hour workshops are aligned with the items of the Youth PQA found in the pyramid. Workshops may take place for a network or a program.

Methods Trainings

Voice & Choice (V-C, V-D, III-N) – Are you providing young people with authentic, meaningful choices throughout your program? Does your program reflect the input of the youth involved? Research shows that quality programs incorporate youth input at both activity and organizational levels. This workshop will emphasize the importance of offering real choices and meaningful participation to youth, and nurturing youth leadership. This interactive workshop is focused on providing meaningful choice within activities and opportunities for youth input within the youth program itself.

Planning and Reflection (IV-P, IV-R) – Are you engaging youth in the critical life skills of planning and reflection? Are you ready to be more intentional about including planning and reflection strategies into your daily routine and activities but not sure where to start? This interactive workshop will introduce participants to powerful and easy to use methods that promote youth engagement in planning, implementing, and evaluating activities and projects.

Building Community (III-L) – Do you know what it takes to build an emotionally and physically safe space for youth? Building an emotionally safe community of peers and adults is essential for youth to learn and develop as individuals. This interactive workshop will introduce participants to a variety of activities designed to support the community building process.

Cooperative Learning (III-M) – Do the youth in your program have opportunities to work together in groups, teaching and learning from each other? Cooperative learning is an excellent way to nurture youth leadership, build community, and keep things fun. This interactive workshop will equip participants with grouping strategies and ways to think about building cooperative learning into any program offering.

Active Learning (II-H) – Do you know the difference between active learning and “hands-on” learning? Giving youth materials is just the beginning. This interactive workshop introduces the “ingredients” of active learning, explains the role that active learning plays in the experiential learning cycle, and helps participants create more powerful learning opportunities for youth.

Scaffolding for Success (II-I) – How do you set the bar high for youth without setting them up for failure? This interactive workshop introduces participants to the concept of “scaffolding” – working closely and attentively with youth to identify their learning edge, and providing the right amount of support and challenge. Participants will learn the four strategies for effective scaffolding for the youth in their programs.

Ask-Listen-Encourage (II-J) – Do you communicate with youth in a way that makes them feel supported and heard? This interactive workshop introduces various communication techniques that help you build more supportive, youth-centered relationships. Participants will learn how to ask more effective questions, to listen actively to youth, and offer youth encouragement rather than praise.

Reframing Conflict (II-K) – What role do you play in conflict situations with the youth in your program? Do you know how to turn a conflict situation into an opportunity for growth? This interactive workshop introduces participants to the High/Scope step-by-step model for reframing conflict as well as general principles of conflict resolution.

Structure and Clear Limits – How do you prevent chaos in a youth environment without stifling youth’s positive energy? Youth need structure and clear limits in order to feel safe. This interactive workshop helps participants analyze the level of structure in their programs and practice identifying and maintaining clear limits.

Homework Help – Homework Help is an essential component of many youth programs, but too often it’s a time for youth to work quietly while the adults supervise. This interactive workshop introduces participants to the relationship ABC’s (**A**sk and Listen, **B**e involved, and **C**onnect) as well as the concept of “focus”. These elements help participants reconsider Homework Help as another opportunity to build relationships and nurture positive growth, beyond getting the work done.